

Connecting communities to health

Many things that affect our health can't be treated by doctors or medicine alone. These include issues such as loneliness, debt, or stress due to financial pressures or poor housing.

Social prescribing connects people to non-medical support to address these issues and other unmet needs.

Places of Welcome can play a pivotal role in making this happen.

By working with local social prescribers you can help connect people with services and activities (like yours) that make a difference.

Places of Welcome and social prescribing

Places of Welcome and social prescribing share many of the same values. Both encourage active listening, community participation, and inclusive support. Both help people to connect and to grow in confidence.

Places of Welcome understand that individuals need to feel valued, understood, and connected with their communities. You offer regular and reliable resources and local information, and are perfectly placed to partner in social prescribing activities.



**PLACE OF
WELCOME**



Working with social prescribers

You're possibly already serving as a bridge between healthcare providers, local organisations, and local people.

If you offer an activity, support group or session that could help people who are struggling with their health and wellbeing, then connecting with social prescribing could be a good way to reach more people in need.

By collaborating with social prescribing link workers you could facilitate holistic care, addressing both physical and emotional needs.

To find out more and start receiving referrals:

- Contact your local GP surgery to let them know about your Place of Welcome and to find out about local social prescribing link workers
- Contact your local Council for Voluntary Service (CVSs) or Volunteer Centre (VC)

“ We have linked up with the Salus Foundation once a month with advice on healthy lifestyle habits to improve people’s wellbeing. Every week there is a Social Care Practitioner at the Place of Welcome to give advice, information and support, Community connections and signposting.”



St Mark’s Community Hub Place of Welcome,
Birmingham

